

Apple Sauce



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Recipe by: Laura Vitale

Makes About 2 Cups

Prep Time: minutes

Cook Time: minutes

Ingredients

__ 5 Golden Delicious Apples, peeled,
quartered and chopped

__ ½ tsp of Ground Cinnamon

__ ½ tsp of Orange Zest

__ ½ cup of Apple Juice

__ ¼ cup of Brown Sugar

Place all the ingredients in a saucepan and cook on medium heat for about 20 minutes or until the apples are tender. Mash with a masher or a fork.

