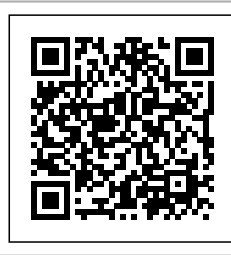


Low Fat Cheesecake Trifles



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Recipe by: Laura Vitale

Makes 2

Prep Time: minutes

Cook Time: minutes

Ingredients

- __ 8 oz of low fat Vanilla Greek Yogurt
- __ 1 Tbsp of Lemon Curd
- __ 6 Digestive Biscuits or any other kind of cookie you have on hand
- __ Fresh Raspberries

1) Place the cookies in a plastic storage bag and bash them with a rolling pin. Divide the crushed cookies between 2 small glasses or trifle cups.

2) In a small bowl, mix together the yogurt with the lemon curd. Place this mixture on top of the crushed cookies and top with the fresh berries and a touch of powdered sugar.

