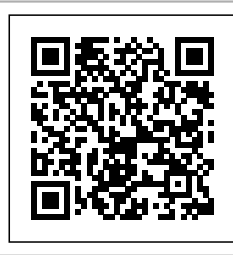


Chicken Noodle Soup



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Recipe by: Laura Vitale

Serves 6 to 8

Prep Time: 10 minutes

Cook Time: 4 hours 0 minutes

Ingredients

__ 1 (3 ½ lb) Whole Chicken, rinsed under cold water and dried (make sure the giblets bag is removed)

__ 3 Tbsp of Olive Oil

__ 1 Large Yellow Onion, chopped

__ 3 Large Carrots, peeled and chopped

__ 3 Stalks of Celery, chopped

__ 2 Cloves of Garlic, minced

__ 12 cups of Chicken Stock

__ 1 Tbsp of Poultry Seasoning

__ ¼ cup of Chopped Parsley

__ ¾ cup of White Wine

__ 2 ½ cups of Wide Egg Noodles

__ 1 4Piece of Fresh Rosemary

__ Salt and Pepper, to taste

1) Heat the oven to 425 degrees. Drizzle a tiny bit of oil in the bottom of a roasting pan, add the chicken to the roasting pan, drizzle a little oil over the top, season with salt and pepper and place the piece of rosemary in the cavity.

2) Roast the chicken for 1 1/2 hours.

3) In a large heavy duty pot, add 2 Tbsp of the oil and let it preheat over medium heat, add the onions, celery and carrots and season lightly with salt and pepper. Cook the veggies until softened, about 5 to 7 minutes. Add the garlic and cook for an additional 30 seconds.

4) Add the poultry seasoning and cook it stirring constantly for about 10 seconds, add the wine and let it reduce for just a few seconds.

5) Add the roasted chicken to the pot with the veggies, cover with the chicken stock and sprinkle in the parsley, bring to a boil and cover the pot partially and lower the heat to low.

6) Allow the soup to cook for 3 ½ hours.

7) Remove the chicken onto a plate and let it cool slightly. Meanwhile, with a ladle, skim off as much of the fat as possible from the soup base and discard.

8) Once the chicken is cooled enough to handle, discard the skin and shred all the meat.

9) Add the meat to the soup base, increase the heat to medium high and bring the soup to a rolling boil.

10) Add the noodles and cook them according to packaged instructions. Taste for seasoning and adjust if necessary.

Serve immediately!

