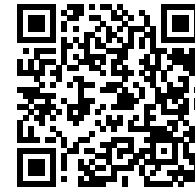


Rigatoni with Kale Pesto



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Recipe by: Laura Vitale

Serves 4-6

Prep Time: 10 minutes

Cook Time: 10 minutes

Ingredients

- 1 Small Bunch of Kale, washed and ribs removed
- 3 Tbsp of Walnuts, toasted
- 2 Small Cloves of Garlic
- 1 tsp Grated Lemon Zest
- 1 Tbsp of Lemon Juice
- ½ cup Extra Virgin Olive Oil
- ¼ cup of Fresh Grated Parmigiano Reggiano
- Salt and Pepper, to taste

For the remaining ingredients:

- 1 lb of Rigatoni
- Salt and Pepper
- Freshly Grated Parmigiano Reggiano

1) Fill a large pot with water and sprinkle in some salt, bring to a boil, add the kale and allow it to cook in the boiling water for 2 minutes, remove with a slotted spoon and shock it with cold water.

2) Bring the same water back up to a boil, add the rigatoni and cook according to package directions. Reserve ½ cup of the starchy pasta cooking water.

3) In a food processor add the blanched kale, walnuts, lemon zest, lemon juice, garlic and salt and pepper. Start pulsing everything together and slowly add the olive oil. Once you have everything combined add it to a bowl and stir in the parmigiano reggiano.

4) Add the cooked drained pasta to the same large pot and add in the pesto and the reserved cooking water. Toss everything together until its all combined.

5) Plate in on a large platter and sprinkle over some extra cheese and some freshly grated black pepper.

