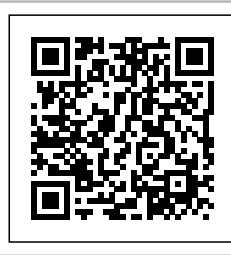


Rocky Road Ice Cream



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Recipe by: Laura Vitale

Serves about 6

Prep Time: 20 minutes

Cook Time: 10 minutes

Ingredients

For the Chocolate Ice Cream Base:

- 5 Egg Yolks
- 3/4 cup of Granulated Sugar
- 2 cups of Whole Milk
- 1-1/2 cup of Heavy Cream
- 1/3 cup of Cocoa Powder
- 5 ounces of Semisweet Chocolate, broken into pieces
- 1/4 tsp of Salt
- 1/2 tsp of Instant Espresso Powder

For the Toppings:

- 1/2 cup of Honey Roasted Peanuts, or any nut you like
- 1 cup of Mini Marshmallows
- 1/2 cup of Semisweet Chocolate Chips

1) In a large bowl, using a handheld electric whisk, whisk together the eggs and sugar for 3 to 4 minutes or until the mixture turns a thick pale color, set aside.

2) In a medium saucepan, add the milk, cream, instant espresso and cocoa powder, bring a simmer but don't let it boil.

3) Whisk 1 cup of the hot mixture into the egg and sugar mixture and whisk until smooth.

4) Pour the egg mixture into the saucepan with the remaining milk and egg mixture and cook over low heat for about 5 minutes or until the mixture thickens.

5) Add the broken chocolate pieces to a large bowl and set aside. Strain the mixture through a fine sieve in the large bowl over the chocolate, allow it to sit for a couple minutes. Whisk it all together until the chocolate is melted, cover the bowl with a lid or plastic wrap and refrigerate for a minimum of 4 hours or up to overnight.

6) Make sure to put your ice cream machine insert in the freezer overnight.

7) Add the custard in your frozen ice cream machine insert. Turn the ice cream machine on and freeze according to manufacturers instructions (mine takes about 35 minutes).

8) When your ice cream has about 5 minutes left in the machine, add the toppings, allow them to get well incorporated. Remove the ice cream from the machine, place it in a container with a tight fitting lid and stick it in the freezer for several hours to freeze and firm completely.

