

Homemade Dole Whip (Frozen Pineapple Treat)



Scan Code To Watch
Video!



Recipe by: Laura Vitale

Serves 4

Prep Time: 5 minutes

Cook Time: 0 minutes

Ingredients

__ 2-1/2 cups of Frozen Pineapple (I prefer the Gold dole brand)

__ 1/2 cup of Coconut milk

__ 1/4 cup of Vanilla Ice Cream

1) Add all ingredients to a high powered blender (start with the liquid and ice cream at the bottom) and blend until thick and smooth. Eat right away!

