One Pan Italian Chicken and Potatoes



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Recipe by: Laura Vitale

Serves 4

Prep Time: 20 minutes Cook Time: 1 hours 15 minutes

Ingredients

- __2 Tbsp of Olive Oil
- __1-1/2 lb of Chicken Drumsticks, skin removed
- __1 Yellow Onion, roughly chopped
- ___2 Bell Pepper, chopped
- ___3 Cloves of Garlic, minced
- Garlic and Herb Seasoning
- ___Sprinkle of Slap Your Mama Seasoning, optional
- __Salt and Pepper to taste
- __14-1/2 oz can of Diced Tomatoes
- _1 cup of Chicken Stock
- __3 Tbsp of Chopped Parsley
- __3 Large Potatoes, peeled and cut into large chunks
- ___A few handfuls of Thin Green Beans, trimmed and washed

1) In a large shallow dutch oven, add the olive oil, preheat over medium high heat, meanwhile season the chicken all over with the seasonings and a touch of salt and pepper, sear on all sides then remove to a plate and set aside.

2) Add the peppers and onions, saute until tender, about 5 minutes, then add the garlic, cook one more minute, add the diced tomatoes and chicken stock then nestle in the chicken and potatoes, partially



cover and simmer on medium heat for about 40 minutes or so.

3) Scatter the green beans around the edges, give everything a good pinch of salt and pepper, cover and simmer for another 10 minutes, then sprinkle over the parsley and serve!