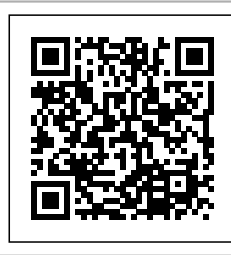


# Bananas Foster



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Recipe by: Laura Vitale

Serves 4

**Prep Time: minutes**

**Cook Time: minutes**

## Ingredients

- 3 Bananas, peeled and quartered
- ¼ cup of Unsalted Butter
- ½ cup of Brown Sugar
- ½ tsp of Ground Cinnamon
- ½ tsp of Vanilla Extract
- 3 Tbsp of Rum
- Vanilla Ice Cream to serve

1) In a large skillet, cook together the butter, sugar and cinnamon over medium high until the sugar has dissolved. Add the bananas, and vanilla extract and cook them for a few minutes or until the bananas start to soften.

2) Add the rum and using a large lighter, flambé it and cook for a bout 30 seconds. Serve over vanilla ice cream.

