Shrimp In Crazy Water



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Recipe by: Laura Vitale

Serves 6

Prep Time: 5 minutes Cook Time: 35 minutes

Ingredients

- __3 Tbsp of Olive Oil
- __3 Cloves of Garlic
- 2 Shallots, sliced thinly
- ___A Pinch of Hot Pepper Flakes
- __1 Fennel Bulb, sliced thinly
- __1 cup of White Wine
- __1 28oz can of Chopped Tomatoes
- __1 1/4 cup of Water
- __1 ¼ lb of Large Shrimp, deveined but with the shells still on
- __2 Tbsp of Fresh chopped Parsley
- Salt and Pepper, to taste

1) In a deep pot, preheated over medium heat, add the oil, leek, garlic, hot pepper flakes, half of the parsley and fennel. Cook over medium heat until the veggies soften and develop some color.

2) Add the wine and let it reduce for 1 minute.

3) Add the canned tomatoes, water and season with salt and pepper. Bring to a boil and let it cook for about 15 minutes.



4) Add the shrimp and continue cooking for about 5 to 7 minutes or until the shrimp are fully cooked through.

5) Turn the heat off, sprinkle over the remaining parsley and dig in immediately with large chunks of bread to soak up all those lovely juices!