

# Pineapple Banana Smoothie



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Recipe by: Laura Vitale

Serves 2

**Prep Time: 5 minutes**

**Cook Time: minutes**

## Ingredients

- \_\_ 1 Cup of Fresh or Frozen Pineapple
- \_\_ 1 cup of Pineapple Juice
- \_\_ ¼ cup of Vanilla Yogurt
- \_\_ ½ Banana

Place all the ingredients in a blender and  
blend until desired consistency!

