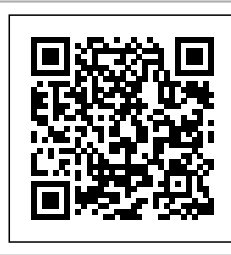


# Fresh Fruit Popsicles



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Recipe by: Laura Vitale

*Serving size varies depending on the size of your molds.*

**Prep Time: 15 minutes**

**Cook Time: minutes**

## Ingredients

- 3 cups of Fresh Watermelon cubes
- 1 cup of Sliced Strawberries
- 1 Tbsp of Honey (only add the honey if your fruit isn't very sweet)
- 2 tsp of Lemon Juice
- 2 Tbsp of Water
- Fresh Sliced Fruit, of your choice

1) In a blender, add the fruit, honey, lemon juice and water. Strain the mixture into a large measuring cup and set aside.

2) Fill your popsicle molds with the sliced fruit, pour the watermelon mixture just until it comes up  $\frac{3}{4}$  of the way up the mold.

3) Cover with the cover from the mold making sure to insert the popsicle stick.

4) Freeze overnight.

