

Sweet Potato Gnocchi



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Recipe by: Laura Vitale

Serves 6 to 8

Prep Time: 30 minutes

Cook Time: 10 minutes

Ingredients

- 1-1/2 lbs Sweet Potatoes
- 1/2 lb Yukon Gold Potatoes (or any other white potato)
- 1 cup of Parmigiano
- 1-1/2 to 2 cups of All Purpose Flour
- 2 Egg Yolks
- Salt, to taste

Sauce:

- 1/2 cup of Unsalted Butter
- 10 leaves or so of Fresh Sage
- Freshly Grated Parmigiano to taste
- Black Pepper to taste

1) Lay two baking sheets with lint free kitchen towels, sprinkle flour all over and set aside.

2) Cook the potatoes in boiling salted water until they are super tender and cooked through. Mash very well with either a potato masher or a potato ricer.

3) On your work surface, mix together the cooked potatoes, flour, egg yolks, Parmigiano and salt and knead it for 4 to 5 minutes or until the dough comes together and its very soft and smooth.

4) Tear about a golf ball size piece of dough and roll it out into a 3/4 inch thick rope. Cut little pieces about 3/4 of an inch thick and roll them either on a gnocchi board or on a fork.

5) Lay all of your gnocchi on your prepared baking sheets and allow them to sit out and dry out for about an hour.

6) When ready to serve, cook them in salted boiling water for just a couple minutes or until they float to the surface. Drain and toss with the butter sauce.

To make the sauce:

1) In a large deep skillet, melt the butter over about medium heat, add the sage and let them come together for about a minute.

2) Toss the gnocchi with the butter sauce and plenty of Parmigiano.

