Apple Fritters



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Recipe by: Laura Vitale

Makes a couple dozen, depending on size

Prep Time: 10 minutes Cook Time: 15 minutes

Ingredients

- __1-1/2 cup of Cake Flour
- __1/4 cup of Granulated Sugar
- ___2/3 cup of Whole Milk
- __2 tsp of Baking Powder
- __1/4 tsp of Salt
- __1/2 tsp of Cinnamon
- ___1 Egg
- __2 Tbsp of Melted Butter
- __1 tsp of Vanilla Extract
- __1 Large Apple, peeled and diced
- __Vegetable Oil for Frying
- __Confectioners Sugar

- 1) Fill a heavy duty pot half way with oil and bring it to temperature over medium/medium high heat (right in between medium and medium high).
- 2) In a large bowl, mix together the flour, sugar, baking powder, salt and cinnamon, set aside.
- 3) In a separate bowl, whisk together the milk, butter, egg and vanilla, pour this mixture into the bowl with your dry ingredients.



- 4) Add the apples to your batter and mix everything together with a spatula.
- 5) Using a small ice cream scoop (the size of about a tablespoon) scoop the batter and drop it in the hot oil (the oil should be at about 360 degrees) cook about 6 or 7 at a time to avoid overcrowding the pot.
- 6) Cook the fritters until they develop a deep golden brown color, about 4 to 5 minutes. Drain them on paper towels, place them on a serving platter and sprinkle some confectioners sugar over the top.