

Blueberry Lemon Tartlets



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Recipe by: Laura Vitale

Makes 15

Prep Time: minutes

Cook Time: minutes

Ingredients

- __ 15 Filo Cups
- __ 1 6oz Container of Low Fat Lemon
- __ ¼ tsp of Fresh Lemon Zest
- __ Fresh Blueberries

1) Line a strainer with a coffee filter and add the yogurt on top. Place the strainer over a bowl and sit it in the fridge for about 4 hours.

2) In a small bowl add the strained yogurt with the lemon zest, give it a stir and divide it among the 15 filo cups. Place a few fresh blueberries over the top and dust powdered sugar all over the top.

Enjoy!

